



FOR IMMEDIATE RELEASE

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“Sweet Beginnings” Community Baby Shower held in Holdrege

KEARNEY- Two Rivers Public Health Department, through Healthy Families Nebraska Two Rivers (HFNTR), is hosting a “Sweet Beginnings” Community Baby Shower on September 24th from 4:30 p.m. to 6:30 p.m. at the City Auditorium in Holdrege. The event is designed for pregnant women and families preparing for a new baby, providing an opportunity to learn about local resources, connect with organizations that support children and families, and build a network of support before baby arrives.

Attendees will have the opportunity to meet with community partners, including Family Medical Specialties, Phelps Memorial Health Center, SAFE Center, Two Rivers Public Health programs, local churches, and other organizations that serve children and families. Community partners will provide education, resources, giveaways, and engaging activities to help families learn about services available in the area. TRPHD is also collaborating with 308Bakery to bring a sweet element to the event.

The “Sweet Beginnings” Community Baby Shower is a chance for expecting families to ask questions, discover support available in their community, and make connections that can be helpful during pregnancy and the transition into parenthood. The event is free and open to pregnant community members and families preparing to welcome a baby.

For more information about the “Sweet Beginnings” Community Baby Shower or programs offered by Two Rivers Public Health, call 308-233-3100 during regular office hours. Two Rivers Public Health’s regular office hours are 8:30 a.m. to 4:30 p.m. Monday through Friday.

ABOUT TWO RIVERS PUBLIC HEALTH DEPARTMENT

Two Rivers Public Health Department engages collaborative partners, community leaders and the public to promote healthy lifestyles, provide preventative education, assure environmental quality, and create more healthy and safe communities for all who live within the district. Follow TRPHD on Facebook and Twitter @2RPHD