

Annual Report 2018

Community Health Worker Collaborative

Community Health Workers play a key role in helping the public receive the proper health care. Often Community Health Workers (CHWs) help clients navigate the health system in order to connect those who need health care to resources. Two Rivers has created a CHW Collaborative so that that Community Health Workers are aware of the services available to clients. The other goal of the collaborative is to provide continuing education to community health workers to help better serve the community.

In March, the Community Health Worker Collaborative were able to meet. The topic of discussion was how oral health relates to overall wellness. TRPHD's Roxanne Denny-Mickey provided a comprehensive presentation showing the linkages between oral health and chronic disease, as well as pneumonia and common illnesses.

The Community rative was postof May as TRPHD effort for this event. tendance, the colinclude Diabetes ed-Health Workers, any personnel invent diabetes. The educate partners chronic disease pre-By coming together can understand the available to prevent event is supported ease Prevention Starting in August, vamping the Com-Collaborative. Mov-Collaborative will be



Health Worker Collaboponed during the month undergoes a branding In order to increase atlaborative will expand to ucators, Community Lifestyle Coaches, and volved in helping pre-Collaborative aims to and health educators on vention and referrals. as partners, participants landscape of resources chronic disease. This by 1422 Chronic Disfunds.

Two Rivers began remunity Health Worker ing forward, the CHW held both virtually

(through Zoom Meeting) and in person. Two Rivers Public Health Department is actively planning two CHW Collaborative meetings to be held in Kearney with representatives from UNMC Lincoln. These meetings will provide continuing education credit, funding for travel for the CHWs, and food during the program. These programs will likely be held in early 2019 and the summer of 2019.

DISRUPTING THE PATHWAY TO VIOLENCE

Targeted violence can happen anywhere. Disrupting the Pathway to Violence aims to create safer communities by reducing barriers to reporting potential violence. There are a variety of reasons why behaviors of potential violence may go unreported, including fear, intimidation, language barriers, and trust. Utilizing a public health based approach,

January activities for the Disrupting the Pathway to Violence included meeting with the University of Nebraska Public Policy Center (UNPPL) to discuss recent activities as well as coordinate activities. Several members of the TRPHD staff were able to meet with South Central Behavioral Services to introduce the program as well as discuss flu prevention. In addition to the meetings, UNPPL representative Quinn Lewandowski release a Microsoft Word and PDF version of a survey for TRPHD to distribute among the residents of Kearney and Lexington. This survey is designed to gauge the comfort of an individual in reporting signs of violence in their own community. The survey is now available through a link on the TRPHD website as well. Members of TRPHD shared this survey with local groups.

Handley and Mulligan attended a two day school threat assessment training on February 27th and 28th sponsored by ESU 10 in Kearney. The training featured the expertise of Dr Mario Scalora and Dr. Denise Bulling of UNL, both of whom are representing UNPPL for the Disrupting the Pathway to Violence Grant. During the training participants worked through several case studies in order to develop the ability to notice key indicators that a person is heading down a pathway of violence. Handley and Mulligan visited the Lexington Interagency Meeting and Handley gave a 15 minute explanation of the Disrupting the Pathway to Violence grant and the total goals of the grant. During this time, Handley also explained the survey and provided paper copies to members of the community to help spread. Following the meeting, Mulligan also provided a link for the survey through email to the interagency group.

During the month of March, Steele became the lead of the Disrupting the Pathway to Violence program. In order to be successful, TRPHD needed to increase distribution of the survey in Lexington and Kearney which addressed barriers to reporting violence. Steele scheduled TRPHD staff to attend community events, including the Tyson Culture Corner in Lexington and the Eggstravaganza in Kearney. TRPHD attended the Tyson Culture Corner, which is an opportunity for area organizations to promote activities to Tyson employees during their lunch break. Steele, Barocio, and Mulligan attended the morning shift and evening shift lunch breaks in order to provide health education and distribute the survey. The survey was administered individually to employees during the lunch hour, and the TRPHD team was able to get in excess of 100 survey respondents from attending this event. The Lexington Stakeholder meeting was organized on March 28th from 10:00 AM – 11:30 AM. The stakeholder group was oriented to the program, including the goals, and a look at local efforts. The survey results on barriers to reporting violence were also presented to the community. Steele, Mulligan, and Handley attended the Lexington Stakeholder meeting, with Dr. Denise Bulling and Quinn Lewandowski of the UNL Public Policy Center also presenting.

If you or someone you know needs help, the National Domestic Violence hotline number is: 1-800-799-7233. Statistics Provided By NCADV. For more information visit https://www.ncadv.org

DISRUPTING THE PATHWAY TO VIOLENCE



During the month of May, a follow-up meeting for the Disrupting the Pathway to Violence program was scheduled for the Lexington community. However, there was feedback from the community members regarding the intention of the program. The meeting was canceled by Steele, in order to ensure that TRPHD has more time to build relationships and receive important feedback on how the community would like to use the program. TRPHD staff (Steele and Mulligan) reached out to community members to receive feedback in regards to the program. From this feedback, a new approach for Lexington was identified. Cody Samuelson was hired during the month of May. He will be working in the Disrupting the Pathway to Violence program as well.

TRPHD hosted a meeting for Kearney Stakeholders/Law Enforcement on June 21st. It was determined that several groups need to be included. It was also determined that TRPHD needs to push outreach for the next meeting. The Kearney community took a business-like approach to the program and began moving rapidly toward forming a key group of people to prevent individuals from escalating along the pathway to violence.

During the month of July, two meetings were held in Lexington. The first meeting on July 3rd, was a training on how to identify behaviors that may be leading to violence. The second meeting, held July 9th, asked for the opinions of community members as to how to proceed. In the future, representatives of TRPHD will distribute 'train-the-trainer' packets and will meet with the ministerial association. Two Rivers employee, Katie Mulligan, met with representatives of the Lexington Ministerial association to explain the goal of the program during August. The 6 representatives asked many questions about the program. Mulligan will continue to maintain contact with these representatives.

DISRUPTING THE PATHWAY TO VIOLENCE

With the goal of engaging community members on recognizing the potential signs of violence, a Stakeholder Meeting has been scheduled to take place on Tuesday, September 4, 2018 from 1:00 p.m. to 2:30 p.m. at the Kearney Public Library in the North Platte Room. This meeting will be a combined effort between the stakeholders of the Kearney Community, TRPHD, and the University of Nebraska Public Policy Center. A significant number of participants have RSVP'd to attend the meeting and the Buffalo County Sheriff's Office has joined the stakeholder group, tentatively scheduled to send multiple representatives of their agency to the meeting. Going forward TRPHD will be using Train the Trainer packets to train clergy, human resource departments, and community agencies on violence prevention techniques. TRPHD will also be issuing public service announcements, brochures, pamphlets, and other promotional material to educate the public on violence prevention in the future.

Two Rivers, NEMA, and UNPPL, are able to share a training with stakeholders in the Kearney and Lexington communities. This training, the 2018 Great Plains Threat Assessment Training, was held in Omaha on October 18-19 2018. This training will recognize the emerging challenges in behavioral threat assessment, identify the role of social media in threat assessment, and many other topics. Both Mulligan and Samuelson extended this opportunity to stakeholders via email. TRPHD is willing to continue to host others.



Emergency Response

Emergency Response activities include developing and testing plans for responding to disasters in an effort to protect the Two Rivers Public Health Department district from health threats. Emergency Response also involves working closely with other agencies and organizations to best serve the citizens living the in the Two Rivers Public Health Department district. Preparedness activities can inform the response time of the community to provide lifesaving help and resources to individuals who are in need. Through collaboration with community partners, clinics, hospitals, agencies, and organizations Two Rivers Public Health Department has the ability to assist with coordinating a collaborative response to emergencies.

During the month of June, Two Rivers Public Department presented an updated memorandum of understanding to the Holdrege School Superintendent for the Holdrege middle and high schools to serve as points of dispensing for medicine in the event of an emergency. A process was also initiated to update critical contact information of the Emergency Response Plan. The contact information includes, but is not limited to: district media, law enforcement, emergency responders, and infrastructure. The Emergency Response Coordinator, Cody Samuelson, also participated in the monthly disease surveillance teleconference call.

At a June meeting to design the Phelps County Community Organizations Active in Disasters TRIMRS Coordinator Dustin Handley delegated the majority of exercise planning activity to Phelps County Deputy Emergency Manager Jill Harvey and ERC Cody Samuelson. Samuelson also attended his first TRIMRS Steering Committee Meeting during the month of June. At a late June meeting of the emergency management team at CHI Good Samaritan Hospital an active shooter exercise was tentatively planned for the fall of 2018. Handley will be assisting in facilitating the exercise and Samuelson will be coordinating with local law enforcement for their participation in the exercise.

In June Samuelson attended a Holdrege Rotary meeting to interact and be introduced to other business members of the Holdrege community along with Director Eschilman. Samuelson completed NIMS 800 course during the month and June and would be pursuing additional NIMS courses during the remainder of the year.

During the month of July, Samuelson led the facilitation of a stakeholder meeting for the Violence Prevention in Lexington on July 3, 2018. There were several new-to-the-program community stakeholders present at the meeting and there was healthy discussion among the stakeholders present about the program. Moving forward, TRPHD staff will be promoting the program through various forms of media and with the assistance of University of Nebraska staff, training information will be shared amongst the Lexington community as the program continues. Prior to the stakeholder meeting, Samuelson attended training on the Violence Prevention program led by University of Nebraska staff. This training was attended by several stakeholders that were present at the stakeholder meeting and there were also new-to-the-program community members present at the training.

Emergency Response

Samuelson submitted the fourth quarter report to the Nebraska Department of Health and Human Services and also submitted an amended version of the third quarter report to DHHS. The third quarter revision was accepted and payment was forwarded to TRPHD for the third quarter, as of this report a review of the fourth quarter is pending. Samuelson has begun work on the next budget year's work plan which included assisting in facilitating training exercises in Phelps and Buffalo counties as well as updating the entire Emergency Response Plan for the month of July to make it more user friendly and easier to follow.

"The recent tornado exercise in Phelps County illustrates the strength of our communitiespartnerships."

- Jeremy Eschliman, Director

For the month of August multiple exercise planning meetings were held throughout the district and attended by the Emergency Response Coordinator, Cody Samuelson. Two Rivers Public Health Department is assisting the Phelps County C.O.A.D. (Community Organizations Active in Disasters) with a full-scale tornado exercise that will take place in September and CHI Good Samaritan Hospital with a tabletop and full-scale active shooter exercise. TRPHD is assisting by contributing resources and facilitating collaboration between multiple agency participants in these trainings as well as participating in planning of the exercises. Samuelson promoted the C.O.A.D. drill during appearances on NTV News and an appearance on KUVR Radio. The C.O.A.D. exercise will take place on Thursday, September 6, 2018 and run from approximately 9:00 a.m. to 12:00 p.m.



C.O.A.D

- . COMMUNITY
- ORGANIZATIONS
- ACTIVE IN
- . DISASTERS

Pictured from the C.O.A.D. exercise: Cody Samuelson, Emergency Response Coordinator

A portion of August Emergency Response activities were also committed to organizing and promoting a Disrupting the Pathway to Violence Stakeholder Meeting for the Kearney Violence Prevention Program. The meeting will take place on Tuesday, September 4, 2018 from 1:00 p.m. to 2:30 p.m. and will be held in the North Platte Room of the Kearney Public Library. As of this newsletter a significant number of participants have RSVP'd to attend the meeting and the Buffalo County Sheriff's Office has joined the stakeholder group tentatively scheduled to send multiple representatives of their agency to the meeting.

On Thursday, September 6, 2018 Two Rivers Public Health Department in collaboration with the Phelps County C.O.A.D. (Community Organizations Active in Disasters) conducted a full-scale tornado exercise that involved multiple agencies and responders. The exercise was attended by nearly 100 individuals and was a tremendous success thanks to months of planning and meetings that Two Rivers Public Health Department contributed to.

Emergency Response

The drill provided responders with a realistic scenario while allowing for learning to occur without real-world consequences. Moving forward, Two Rivers Public Health Department in combination with Phelps County Emergency Management will be using lessons learned during the exercise, participant feedback, evaluator feedback, among other sources of information to formulate an after action report. That report will be used to generate action items related to areas of improvement which will in turn provide all responders involved with areas that can be focused on to better response to future incidents as well as future exercises.

During the month of October Two Rivers Public Health Department Emergency Response Coordinator Cody Samuelson appeared on NTV News at Noon and several area radio programs to talk about harvest safety, safe driving during harvest, and teen safe driving. He also worked in combination with the Loomis Volunteer Fire Department to present to the Loomis pre-school and kindergarten classes about fire safety. TRPHD provided each class with activity worksheets that allows them to talk about, practice, and write down emergency preparedness information with their family members.

TRPHD also had several meetings with state and federal partners during the month of October to discuss achievements and challenges the department faces. On October 23rd the State of Nebraska Department of Health and Human Services Preparedness Coordinator visited the Holdrege office and met with multiple staff members. TRPHD discussed achievements and challenges during that visit and also during a conference call with all State of Nebraska Emergency Response Coordinators and federal partners from the Center for Disease Control. A key challenge TRPHD is facing is the availability of key training being available in the area of the department.



During the month of October the TRPHD Emergency Response Program presented information on NTV News at Noon that reached their coverage area, two radio programs reaching each respective program's coverage area, and presented preparedness information to 50 students from Loomis Elementary School.

Chronic Disease Prevention

Health Hub is a chronic disease prevention program that targets men and women aged 40 to 74. This program focuses on early detection of disease as well as changing lifestyles to improve the health of the population. Two Rivers Public Health Department participates in this program by providing health coaching to women identified through the encounter registry and by providing FOBT kits to promote early detection of colon cancer.

The health coaching program consists of employees from the health department calling individuals identified by the Every Woman Matters grant to offer assistance in quitting tobacco usage, making healthy lifestyle choices, or connecting clients with those who can address their needs. Other programs that fall under Health Hub are: Wise Woman (ensuring that women age 40-74 have access to cervical and breast exams), tobacco cessation resources, resources to lower high blood pressure, the Nebraska Colon Cancer Screening program, and Men's Health.



All activities completed in this program must be submitted to representatives of the state of Nebraska in the form of a template. Each template is individually vetted, revised, and approved. There is a strong learning curve in this program, since each activity has individual parameters that must be met, as well as strong implementation of the activities. These activities are recorded in a series of databases in order to ensure that each client is provided with the best care possible. Katie Mulligan and Maria Barocio began working to access the databases and complete templates in January 2018. Mulligan and Barocio obtained access to Med-it website in January.

- Mulligan worked with Aaron Sweazy, a representative of the Health Hub team, to finish up templates in order to allow Mulligan, and Barocio to act as health coaches under the wise woman program. Mulligan and Barocio hope to be able to hand out free colon (FOBT) kits under the Nebras-
- ka Colon Cancer Screening program in March.

Mulligan and Barocio were able to finish all of the paperwork included in Health Hub during the early part of March. At this time, Mulligan and Barocio were charged with implementation of health coaching with education for nearly 60 women. During the month Mulligan and Barocio made attempt (and sometimes contacts) with 54 of the women. Barocio and Mulligan will continue to reach out to these women in the next few months to complete health coaching sessions. Mulligan was able to complete a colon cancer screening template in order to distribute free colon cancer screening kits to the community. Part of the template required Mulligan to give a goal number of kits to distribute, this number was 25. Mulligan was able to distribute 33 kits to clients over the age of 50 during the month of March. It is important to distribute these kits to those willing to use them due to the low number of colon cancer screenings in the United States. Colon Cancer is very preventable if detected early. Unfortunately, colorectal cancer is the 2nd leading cause of cancer deaths nationwide. Mulligan will continue distributing kits until June, 1st.

Throughout the spring and summer Mulligan and Barocio continued to contact clients for Health Coaching calls. Rather than beginning new programs (filling out more templates) within Health Hub it was decided that TRPHD would focus FOBT kit distribution and health coaching. Due to the struggle beginning the program, Mulligan and Barocio are working hard to finish the program with vigor. Mulligan has distributed 35 kits and 15 kits have been returned. This is a 42% return rate. The return rate of FOBT kits is predicted to be somewhere between 30%-70%. Mulligan will attempt to call those who have not returned kits in order to increase the return rate.

Each health hub was expected to submit 8 tangible, measureable success stories where a direct impact was made on a client. Due to the nature of distributing FOBT test kits and health coaching, it was difficult to provide examples of direct intervention by TRPHD employees. Mulligan and Barocio were able to submit 2 of the 8 expected success stories which were eventually accepted to the website in July.



Fecal Occult Blood Test Kit distribution was completed on May 28th due to contracts between the analyzing laboratory and the state ending. The Health Hub Subaward ended on June 28th, 2018. There is likely an extension of the contract to help spend down the budget. TRPHD is anxiously awaiting the contract. During the month of July, TRPHD did not fully participate in the program due to being unsure if the program was being extended. The official end date of this program was June 30th but has been extended to September.

During the month of August there was not FOBT kit distribution due to a change in laboratory analysis of the kits. Community Health Worker Maria Barocio continued to make health coaching calls as the grant period ended.

Maria Barocio continued to call clients through health coaching during September. These calls entail; checking to see if the client is managing their weight appropriately, not smoking/ceasing smoking, taking prescribed medications as directed, visiting their doctor regularly, staying active, and maintaining appropriate blood pressure. These calls typically last from 5 minutes to 35 minutes.

- Barocio and Mulligan refer clients to area clinics, gyms, and the Nebraska Quitline. In the coming months,
- TRPHD is looking to expand activities in this program to better serve the community.

Mulligan, Steele, Barocio, and Eschliman reviewed and renewed the new contract for 2018. The four began working to set-up proper protocols for the program as well as clarifying roles with the state. Mulligan and Eschliman met several times to talk through the contract

on offer. Program activities will resume in November or December.





Move Kearney is an advocacy group based in Kearney NE. This group advocates for active transportation and complete streets policies. A complete streets policy requires streets to be planned, designed, operated, and maintained to enable safe, convencomfortable travel ient and and access for the users of all ages and abilities regardless of their mode of transportation. Active transportation encourages community members to commute in a way other than using a car, for example; biking to work, walking to the grocery store, and skateboarding to meet friends.

September activity in Move Kearney includes the circulation of a survey to community members in Kearney, an appearance at the Night Market in Kearney, and the purchase of promotional items for the group. Move Kearney is looking for ways to more actively engage the community of Kearney and to begin obtaining data to support the need for complete streets in Kearney. If you live or work in Kearney, please fill out this form (https://goo.gl/forms/ YleswJMOC62Cj2wB3). Active transport is not only better for the environment, it can improve your health.

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As of 10/31/18 There were 57 responses to the Move Kearney survey. (Laura or I would be able to pull graphs from the Move Kearney Survey to provide pretty data pictures for the Annual Report).

LIFESMILES DENTAL HE PROGRAM **DENTAL HEALTH**

The Dental Public Health specialty has been recognized by the American Dental Association since 1950. Its focus on oral health issues within populations and communities continues to gain value as research reveals oral health's impact on general health, ultimately playing a significant role in our overall communities' health status. 2018 provided many opportunities to coordinate with partners and serve in various capacities as LifeSmiles focused on disease prevention services and dental health promotion.























LifeSmiles mission is to collaborate with community partners to assist in removing barriers for those struggling with access to care. Focusing on those who are at highest risk necessitates utilizing diverse settings and strategies throughout the district. For those older adults who labor to receive dental services and stabilize their health, working with long-term care facilities has been successful. For pregnant women and families needing help with dental services, our partnership with WIC has been very efficient. Offering services directly in schools and preschools has allowed us to assist children who are experiencing barriers to care. Other outreach opportunities have presented in the form of media education, participation in community events, presentations to agencies, organizations, and peers as well as connecting with other programs focusing on helping those with health needs in our communities.

LIFESMILES DENTAL HEALTH PROGRAM

The Annual LifeSmiles Care Project continues to be a safety net for those who struggle with excessive barriers in receiving restorative dental services. By collaborating with volunteer dental professionals, dental supply companies, community contributors, and other partners, we are able to provide free dental care and relieve unnecessary pain.

Policy development has been an endeavor LifeSmiles has taken on as well. We continue to pursue encounters to enhance better strategies for Medicaid and Insurance practices as well as support responsible advancements in practice scope for mid-level care providers such as the Public Health Registered Dental Hygienist. In doing so, we hope to see improved access to preventive services in our district and state-wide.



The TRIMRS/Hospital Preparedness Program (HPP) is a federally funded program which is overseen by the Office of the Assistant Secretary for Preparedness and Response, (ASPR). The HPP was put in place to help hospitals, county emergency managers, public health departments, and emergency medical services with their preparedness planning.

> 2018 Has been a busy year for all of TRIMRS and Dustin Handley the TRIMRS Coordinator.

In January Handley attended the Phelps COAD meeting and was asked to lead the Phelps County Exercise. A group was formed with Jill Harvey the Phelps County Deputy Emergency Manager to write this exercise. There was also a lot of severe winter weather during this time. There was constant communication between the coordinator and the hospitals as well as other communities in the region. Discussions were based around travel and potential issues with keeping HVAC systems and generators clear to ensure they stayed functional.

Handley spent a significant amount of time assisting communities and hospitals with their exercises.

In February Handley met with the Executive Committee to plan the annual TRIMRS Workshop. Handley also met with the ERC's within the TRIMRS region to discuss several items:

- The special needs populations information located within the empower data provided by the federal government. Discussions included how to utilized this data and prepare the hospitals within the region to prepare a response if needed.
- The upcoming Jurisdictional Risk Assessment with the state and the Center for Preparedness. A request was made to reach out to the hospitals and update their HVA's as soon as possible.
- An update to the Functional and Special needs population section of the ERP's are under revision. There was work completed to update this section and be consistent across each health department.

In March and April Handley met with the representatives from Callaway District Hospital, Jennie M Melham Memorial Hospital in Broken Bow, Howard County Medical Center in St. Paul, and Valley County Hospital in Ord. Handley also spent time working with Mary Lanning Healthcare in Hastings, Kearney County Hospital in Minden, Brodstone Memorial Hospital in Superior, and Webster County Medical Center to prepare for the Coalition Surge Test. This exercise required the evacuation of Mary Lanning Healthcare and require TRIMRS to absorb the patients within the region. The other hospitals were able to accommodate this and the exercise was a success. The major lesson learned was to get request the Essential Elements of Information from the hospitals within the region and to link up the hospitals with each other to accommodate the transfers. In May Handley traveled a few times to Broken Bow to meet with community leaders and help plan their Active shooter tabletop and full scale exercises. Handley also brought in the Field Innovation Team from Utah to assist TRIMRS with their workshop. Several members from TRIMRS attended and learned valuable tools to work together to evaluate and address the best course of action in an event.

> June and July came with a lot of activities to close out the end of the fiscal year and the beginning of the new fiscal year. Handley and Samuelson attended the state tabletop exercise workshop. Activities included presentations on how to care for people with special needs to include pediatric patients and the Omaha fire and rescue department discussed their capabilities with these patients. This was followed by a brief exercise involving special needs patients in both rural and urban areas. The Phelps COAD exercise took off with bi weekly meetings to plan for the full scale event. Handley also met with the state, Mary Lanning Healthcare, and Jennie M Melham to continue planning for their exercises. Handley worked with CDHD, TRPHD, and the TRIMRS Executive Committee to discuss and determine the possibility of a new fiscal agent for TRIMRS.

TRI-CITIES MEDICAL RESPONSE SYSTEM

In August Handley participated on the design teams of several exercises and in exercises in the region:

- Jennie M Melham Memorial in Broken Bow (Active Shooter Exercise)
- Howard County Medical Center in St. Paul (Active Shooter Exercise)
- Phelps County COAD in Holdrege (Tornado Exercise)
- Kearney Community Exercise (Active Shooter Exercise)
- Mary Lanning Healthcare (Active Shooter Exercise)

As the TRIMRS Coordinator assisting with these exercises has helped increase the knowledge of what the healthcare coalition can do for these communities and has strengthened the relationship with the coordinator. Handley and other TRPHD members met with leadership from Kearney Regional Medical Center (KRMC) to discuss upcoming events and exchange information on activities in the area. KRMC is transitioning the emergency preparedness to a different person and this meeting helped provide clarity on KRMC's expectations from TRIMRS. Handley planned and facilitated the bi-monthly TRIMRS Steering Committee meeting. There were several exercise and grant requirements discussed amongst the committee as well as a vote for the fiscal agent for TRIMRS. Handley met with the new Adams County Emergency Manager and discussed their role within TRIMRS. Ron Pugh has and is serving as the CNMRC Coordinator and this meeting helped establish different ways Ron and Adams County can utilize TRIMRS. Handley met with the 4 public health emergency response coordinators to discuss a highly infectious disease exercise as well as various work plan items for the year. These meetings are important for planning and execution of various items that require a coordinated effort of all attendees.



In September the preparedness in each community continued. With the goal of engaging these members and assisting these members to improve their overall preparedness not only as individual groups but as communities the coordinator has been making on site visits as well as making phone calls as well as sharing information such as templates for planning exercises as well as real life events.

At this time the Phelps County Tornado Exercise is the only one that has been completed. TRIMRS did perform a mass call down to ask outside agencies including the Central Nebraska Medical Reserve Corps, (CNMRC). This exercise was executed very well. All local groups to include rural EMS units were on hand and learned a lot about working as a group in a mass casualty event. There were over 100 participants in this exercise.

With October coming a lot of the exercises were continuing to progress and take place. Handley spent a significant amount of time assisting these communities and hospitals with their exercises.

During the Broken Bow exercise Handley observed over 100 local and regional agencies participate in an active shooter exercise. The response by the hospital and community to come together and achieve this goal was outstanding. The community and hospital were able to take care of 20 plus patients during the exercise. There were only the need for a few more serious traumas to be transported to Kearney. Broken Bow is now more prepared for a mass casualty event and feel ready if a similar incident were to happen.

Handley met with members from DHHS, the Center for Preparedness Education, and the 4 regional Emergency Response Coordinators to review and discuss the TRIMRS Jurisdictional Risk Assessment which is identifying and preparing natural and manmade hazards in the area. This information will be shared at the next Steering Committee Meeting.

Handley has begun meeting with members from various organizations such as the Center for Preparedness Education, the University of Nebraska Medical Center, the Nebraska Regional Disaster Health Response Ecosystem and DHHS to begin work on the Rural Disaster Health Response Grant.

> From working with several communities within the region it has become clear that as each year passes they become more prepared to plan and execute exercises. To watch community members from all different backgrounds and different jobs with various priorities work together and collaborate with each other and plan the exercise along with discussing what they would also do in the real thing is very inspiring. I feel that the TRIMRS communities are prepared in the event of a real disaster. They will take the lessons learned and work together in this type of an event. They know that they are stronger and will be more efficient with each other to work through these events.

Choose Healthy Here

Some of the environmental behaviors that TRPHD is addressing are the availability of healthy food choices through stores and vending. The vending program is focused at Eaton in Kearney where both Eaton and TRPHD are increasing healthy food choices in the cafeteria. In Lexington, the Lexington Oriental Market and Teresa's Tortilleria and Bakery are partnered with TRPHD to increase healthy foods in their stores.

Two ethnic stores in Lexington were identified as potential partners early in the year due to both stores being recently opened, and both store offering a wide variety of healthy foods. Mulligan made several site visits with Barocio to create a relationship with the store owners as well as introduce them to the program. Teresa Marquez at Teresa's Tortilleria and Bakery, and Gary and Alice Smith at Lexington Asian Market agreed to participate. Teresa's was featured in the Kearney Hub and Mulligan shared the story on the TRPHD Facebook page.

Mulligan has continued maintaining relationships with the stores in Lexington throughout the duration of this program. Both Teresa, of Teresa's Tortilleria and Bakery, and Gary Smith, of Lexington Asian Market, reviewed andstores. Mulligan will began implementing these plans during April. Mulligan and Barocio identified healthy recipes to

> The 1422 Grant is a chronic disease grant. This grant included a wide variety of activities that were geared to address high blood pressure and diabetes in adults. Some activities included altering the environment by offering healthy food options in retail stores and vending, and by creating chances for communities to make it easier to incorporate a complete streets plan. Other activities focused on supporting a healthy lifestyle through National Diabetes Prevention Program Classes. The grant also allowed the health department to partner with clinics and pharmacies to streamline the processes to address chronic disease patients and to provide education.

distribute within each store and add to the website in both Spanish and English. Mulligan and Barocio also created a press release in both Spanish and English for the website as well. Mulligan completed a post assessment for the Lexington Oriental Store, that showed improvement in the healthy protein offerings at the store. Mulligan also added links to both stores' Facebook accounts to the TRPHD website. On August 17th, Katie Mulligan and Maria Barocio were able to do a tour of all of the locations where healthy retail and vending were provided, and the Lexington Interagency meeting.

Steele and Mulligan met with representatives of Eaton, and the UNK Wellness Team to implement a healthier vending program at the Eaton worksite in Kearney. Katie Shively, a representative of Eaton, signed an MOU agreeing to make changes in the vending in the Eaton Micro Market. Mulligan and Steele then met with the UNK Wellness team in order to contract their efforts in this area. Steele created a robust contract that is currently under review by the UNK team. Steele and Mulligan met with Human Resources Katie Shively of Eaton, and Alexis Malmkar (Contractor) in April to begin implementing the healthy vending program at Eaton. Malmkar will graduate May 4, and will begin work the following week. Malmkar completed initial assessments of the Micro Market in the Eaton cafeteria and determined that only two section meet the minimum rating of Bronze Level according to the NEMS-V (Nutrition Environmental Measures-Vending an evidence based food environment measure). Malmkar will begin communicating with the vending company in order to increase healthy food offerings, with improvement expected by late July and early August.

Malmkar was able to provide TRPHD with an extensive report about her activities improving the vending program at Eaton. From Malmkar's assessments and retail data provided by the vending company, TRPHD was able to show that healthy food offerings had increased at Eaton.

In July 2017 5,813 unhealthy items were purchased, and in July 2018 6,012 unhealthy items were purchased. To compare, in July 2017 1,618 healthy items were purchased, while in July 2018 1,849 healthy items were purchased. According to the numbers, purchase in healthy items increased by 14% from 2017 to 2018, while purchase in unhealthy items only increased by 3.4 %. The purchase of healthy products increased from 21.8% to 23.5% from 2017 to 2018. This shows a 1.7% increase in healthy food purchases.

Walkability

Another environmental behavior that is being addressed under the 1422 grant is the ability to walk from place to place thus encouraging exercise. TRPHD is working closely with Move Kearney to increase the ability to walk and bike in Kearney.

In January, Grandstaff facilitated a Bicycle Kearney meeting, with Steele attending to represent TRPHD. The meeting focused on introducing new members to the group. The intention of the meeting was to help the group create an Action Plan, however, with many good ideas brought to the table, the action plan was postponed. Grand-staff facilitated a Kearney Active Living meeting, which focused on helping the group to prepare for the upcoming Walkability training planned for March.

In February, TRPHD hired Jeremy Grandstaff as a contractor to provide on-theground transitional support relating to walkability program efforts. This will best position TRPHD to build relationships and ensure we can help to grow the advocacy efforts in this space. Grandstaff met with Kearney Police Chief, Kearney Planning Director, Kearney Assistant Manager, Kearney Parks and Rec director, Lexington Police Chief, Lexington Mayor, Kearney Schools Liaison, Lexington Assistant City Manager, Lexington Parks and Rec Manager, and Lexington Regional Health Center Staff to assess and Build relationships needing attention after transitions in staffing. Grandstaff has also been got to know the communities a bit, by spending time talking with various advocates and partners and assessing easy-to-win opportunities for the project. Grandstaff worked with the city and hospital to co-host a walk with the Mayor event in Lexington creating an opportunity to engage new people in our work.

The Kearney Complete Streets team previously hosted three walk audits, engaging advocates in direct assessment of walkable conditions in three areas of town, targeting conditions around the university, a school, and the tourist area. This team is combining with the other advocates team, as the city has indicated a preference to advocacy-led policy and action. Grandstaff attended Cycle Walk Kearney meetings, the new advocacy group that TRPHD is working to convene (a result of the Kearney Active Living Summit). This new group completed its action planning, and will be bouncing out their actions for vote by the close to 100 people on our mailing list. TRPHD is working directly with the leader of this group, also meeting with additional key leaders that can help to sustain an advocacy effort in Kearney. This is significant progress and helps to build advocate capacity in Kearney.

In March, Grandstaff facilitated a follow up session with the Kearney Advocacy group, where they selected the priorities for the coming year. Priorities include: Helping the city collect commuter data. Tabling and host a booth at community engagement events to raise the profile of the group, engage more volunteers and supporters, and talk about what they are working to accomplish. The group hosted KearFree (CarFree) day on May 16th, where people will be encouraged to bike or walk to work or school on that day. Brian Coyle (Technical assistant from the State) approved a Citizen's Academy training to bolster advocate effectiveness and knowledge in Kearney.

Jeremy Grandstaff spent considerable time coaching Clark on how to run an effective group, his next meeting, and how to promote it. In order to ensure long-term sustainability of the Move Kearney Group, TRPHD is currently assessing the best way to ensure a smooth transition when Jeremy Grand-staff's contract ends in September. Currently, Steele is helping to support Grandstaff, but a more formal structure will be established.

In May, Grandstaff helped to prepare the group and attended a complete streets information presentation provided by the new leaders of Move Kearney for the City. They did a great job and got indication of support from the City.

During the month of July, there was a transition in TRPHD representatives from Jeremy Grandstaff to Katie Mulligan. Katie is excited to work with the Move Kearney group going forward, and will help promote the group in August at the Kearney Night Market. The Move Kearney group will be completing a survey in August to gather data to advocate for safer streets in Kearney. Katie Mulligan worked with the Move Kearney advocacy group to create more connections in the community and to create a survey to gather data to lobby for a bike lane and ultimately a complete streets plan in Kearney. Once the transition was made to Katie, TRPHD began treating the Move Kearney group as a sustainable program and reported the activities of the group separately from the 1422 realm. Other Activities

Amy Dinslage attended the Diabetes Referral Network meeting at Buffalo County Community Partners. Carisa Masek, a Two Rivers Contractor, was able to meet with Gothenburg Pharmacy and Kearney HelpCare Clinic to discuss education for chronic disease patients at the time of medication pick up. Sheila Richmeier, another Two Rivers contractor was able to meet with HelpCare Clinic of Kearney to discuss electronic medical records. Mulligan was able to attend a clinic collaborative hosted by Sheila Richmeier for the Rural Health Clinic of Gothenburg and Kearney's HelpCare Clinic. This meeting helped clinics to discuss workflow and patient care. Mulligan was also able to help direct clinics toward any services that TRPHD might be able to extend to clinic clients.

Mulligan, Steele, Eschliman, and Dinslage were able to attend the Nebraska Chronic Disease Summit on September 12th in York Nebraska. This summit discussed the benefits on the current work in 1422 as well as the work being completed in the Million Hearts initiative. Nebraska is excited to announce its participation in the Million Hearts initiative.

Environmental Health

The environmental health program at TRPHD focuses mainly on education. The most frequent environmental complaints received by TRPHD are about mold, bed bugs, water, and poor restaurant conditions. Occasionally, TRPHD also receives calls concerning conditions in hotels. TRPHD refers all restaurant calls to the Nebraska Department of Agriculture since they are responsible for restaurant inspections. TRPHD forwards calls concerning hotels to both the Nebraska Health and Human Services Department of Environmental Quality and to the corporate headquarters of the hotel if the hotel is a chain.

TRPHD is able to provide education to individuals about how to test for and remove mold in housing. TRPHD is also able to provide education about how to remove bedbugs from homes. Through Central District Health Department, TRPHD is able to offer certified water testing for coliforms, E. coli, and ni-trates. We are willing to help problem solve and situation with you!



County	Total # of homes tested	Average Radon Level (pCi/L)	Highest Result (pCi/L)	Number of homes tested above 4.0 (pCi/L)	Percent- age of homes tested above 4.0 pCi/L
Buffalo	1,613	5.4	51.0	898	56
Dawson	291	4.2	52.0	108	37
Franklin	148	6.6	27.1	104	70
Gosper	39	5.3	14.5	20	51
Harlan	68	6.9	26.0	45	66
Kearney	161	6.3	30.3	100	62
Phelps	243	6.2	85.2	151	62

The Two Rivers Public Health Department Radon Program works through both grant funding and an internal testing program. Radon is a radioactive gas that can cause lung cancer when a person is exposed over a long period of time. If the person is an active tobacco user, the likelihood of developing lung cancer is increased. Nebraskans are frequently exposed to high levels of radon and approximately 50% of the homes in the Two Rivers district will test above the recommended level of radon.

Here is a quick summary by county of radon testing as of 2015. Any home that tests above 4.0 pCi/L is considered too high and radon mitigation is recommended.

Mulligan gave a presentation to the BOH about radon during the January meeting, and distributed test kits to those present. TRPHD was awarded the Radon Awareness and Risk Reduction grant to distribute free radon test kits to those interested.

Radon kits were received through grant funding and Mulligan contacted area Parish nurses to aid in distribution. Mulligan attended the Harland County Health Systems Health Fair on April 28th and distributed 19 kits. The Radon Awareness and Risk Reduction program ended May 31st and TRPHD continued to provide radon test kits to individuals for \$10 each.

Eschliman served as a member of the Radon Resistant New Construction Task Force with completion of work in May 2018. Eschliman continues to advocate for increase education and funding. Radon preventa-

tive construction typically involves a few hundred dollars of initial cost rather than post construction costs of several thousand.

TRPHD provides home test kits to all that are interested for \$10 each. These kits are approximately 3"X 5" and are postage paid. When the test kit is processed at the laboratory both the tester and TRPHD are notified, and TRPHD staff are able to provide recommendations for the homeowner.

The winter months are the best time to test f or radon because there is a smaller fluctuation in air pressure, which will make the results of the test kit more accurate.



TRPHD is committed to promoting healthy communities, families and individuals through communicable disease surveillance. The intention of surveillance is to identify, promptly investigate, and monitor each incident of a reported communicable disease. Timely recognition of the disease within the community enables the proper implementation of prevention and control activities. This action can contain the spread of the disease before the illness becomes a major public health crisis.



Local health departments play a vital role in local, state, national, and even world-wide surveillance. It is important for the local health department to perform investigations including patient interviews to determine symptoms, symptoms start, potential exposure to others, foods eaten and travel in order to hypothesis possible source of diseases. This information is collected in a national database the CDC reviews to assess for national outbreaks. The most important public health reasons for investigating an outbreak are to help guide disease prevention and control strategies. Two Rivers Public Health Department also manages active Tuberculosis cases in the jurisdiction. This includes nurse case management and DOT (Direct Observed Therapy) visits.

Preparing For Flu Season!

Two Rivers continued to monitor cases of reportable infectious diseases in the area. The surveillance team continued to encourage the public to get their flu shot as well as practice good hand hygiene, frequently clean contact surfaces, and stay home when you are sick. Two Rivers in collaboration with Loup Basin Public Health Department was able to set up a pilot program of providing flu immuniza-



During January, TRPHD jurisdiction saw a large increase in influenza and influenza-like illness activity. Total hospital admissions for ILI and point in time hospitalized for influenza increased significantly. Lab reporting data indicated that our jurisdiction had high numbers of positive influenza A tests and a steady increase in influenza B positives. TRPHD data reports are very comparable to other areas of the state. During January, 2 schools exceeded 10% total absentee due to illness. TRPHD collaborated with school secretaries, nurses, principals, and superintendents to get information to parents/staff. Educational material and an informative letter from TRPHD was created for both schools to provide to parents/staff.

Influenza activity remained widespread in our area during February. We continued to see an increase in Influenza B positive tests, and a decrease in Influenza A positive tests. This data is reviewed and assessed on a weekly basis throughout flu season. An update is provided to appropriate partners when received from the state. Education is provided to long term care facilities, clinics, hospitals, schools, and preschools/daycares. During February, 4 schools exceeded 10% total absentee due to illness. In addition, 4 school reported total absent in the 8-10% range. TRPHD collaborated with school secretaries, nurses, principals, and superintendents to get information to parents/staff. Educational material and an informative letter from TRPHD was created for both schools to provide to parents/staff.



During February, a provider ordered a mumps test on a patient to rule out mumps based on patient symptoms. There ended up being a lot of confusion in the community and misinformation about there being a positive case. Education was provided to the school (superintendent, school nurse, and secretary) in regards to mumps and immunizations.

By March, Influenza appears to have peaked for the season. After analyzing data, it appears influenza activity has slowed from previous weeks. Influenza surveillance includes: Weekly data collection from data submitted by infection preventionists from the nine different hospitals in our jurisdiction. Weekly data submission from labs on influenza A, influenza B, and RSV tests performed and number of positives. Weekly data reporting from ILI sentinel provider on activity in their practice setting. Weekly Wednesday reporting on school absenteeism including increased reporting throughout the week if numbers reach greater than 10% of total census absent. Influenza season ended on May 26, 2018. Indicators from Nebraska's influenza surveillance systems (laboratory testing, sentinel provider visits, influenza hospitalizations, and emergency department visits) show that influenza-like-illness peaked during MMWR week 6 (week ending 2/10/18) for the 2017-2018 season.

NDHHS information that is important to note:

"Many cases are never reported because influenza is not a reportable disease in Nebraska unless the laboratory performing the test participates in electronic laboratory reporting. We do not attempt to track – or get reports on – all cases. Most cases are never reported to anyone, since most people with influenza never see a doctor about their illness – and many of those who do are never tested. Even if it were possible to track all cases of influenza in the state, it wouldn't be useful to do so. Influenza is so common during the winter months that we could never actively investigate all of the cases reported to us. We would simply be "counting cases" – and that wouldn't help us protect the health of the public. Because some providers actively test for influenza and others do not, counting the number of cases would not be a reliable way to track influenza. Although confirmed cases may provide a rough indication of activity, that's not the primary reason we keep track of them. Confirmed cases allow us to: determine when we first start to see influenza activity each year (the "first influenza case of the season") AND determine what strains of influenza are circulating in any given year. The main reason we confirm cases in the lab is to determine what kind of influenza is around, and whether the current vaccine protects against it. Only a tiny fraction of all cases are ever confirmed in our lab." (http://dhhs.ne.gov/publichealth/Documents/ Report.pdf)

May is the time of the year when we see an increase in potential rabies exposures. We also will see an uptick in campylobacter, shiga toxin E. coli, Salmonella, and other foodborne and enteric cases. Vectorborne illness also increases during the summer months as well. These include West Nile Virus, Rickettsias (Rocky Mountain Spotted Fever), and Lyme disease for example. Through funding from several different grants, TRPHD pushes to educate our district communities about prevention and exposure.





Over the summer months, a spike in enteric and foodborne illnesses is typically seen. In July 2018 a total of 37 new reportable disease investigations were opened, 21 of these cases were enteric/foodborne illnesses. Included in these cases are 3 probable vibrio cases that are currently being investigated. The vibrio cases are notable because the patients were informed that they had cholera, an acute

diarrheal illness caused by infection of the intestine from toxigenic bacterium Vibrio cholerae. This bacterium is known to live in salt or brackish water and on shellfish. Because we had three patients in Nebraska with little to no risk of exposure to either salt water environments or shellfish, these probable cases were unusual. After extensive investigation and collaboration with epidemiologists at the state of Nebraska DHHS, the Department of Environmental Quality, and local health care providers, it was determined that these cases were likely false positives and that the patients likely had another intestinal illness.

Rabies cases usually increase in August. This was the case for the TRPHD jurisdiction. Although the last case of human rabies in the United States was nearly a century ago, exposures to this disease are closely monitored because of the low chance of survival after contracting it. If a person has been exposed to an animal that is likely to carry rabies such as: horses, cattle, cats, dogs, skunks, raccoons, bats, foxes, and coyotes, TRPHD always recommends obtaining the rabies vaccine to prevent illness.

During the month of September TRPHD began



preparing for flu season again. District schools began reporting on absenteeism on Wednesday September 5th, and TRPHD began gearing up for a busy flu surveillance season. TRPHD (and the CDC) recommend that you get your flu shot in the fall, preferably in October. This is most effective because at this point, the flu is not yet circulating in the environment, which gives your vaccination time to become effective. It takes approximately two weeks for your vaccination to become completely effective. However, it is still effective to obtain your vaccination later in the season. TRPHD also recommends obtaining a flu shot every year, due to the evolving nature of the influenza virus. All those who are over 6 months old should have a flu shot every year. To find somewhere to obtain vaccinations, check this website https://vaccinefinder.org/

Two Rivers continued to monitor cases of reportable infectious diseases in the area during October. The surveillance team continued to encourage the public to get their flu shot as well as practice good hand hygiene, frequently clean contact surfaces, and stay home when you are sick. Two Rivers in collaboration with Loup Basin Public Health Department was able to set up a pilot program of providing flu immunizations in 3 area schools, and will be conducting these activities in November.

During the month of November, TRPHD and Loup Basin Public Health Department were able to provide influenza vaccinations to Emerson Elementary, Bryant Elementary, and Minden High School. The vaccinations were also available for school staff. The influenza season was reported as sporadic in November for the state of Nebraska.

Data: Laura, I can pull data from NEDSS about the number of cases we have had this year, but it won't be complete.



Submitted Lead sub-award through NE DHHS in January 2018. This sub-award will provide funding needed to continue with elevated Lead level notification to patient's or parent/guardian. Follow-up on cases including management of results, referrals, and involvement of the state when further in-home investigation is needed. This funding will also allow for education to the communities about potential lead sources, health risks with prolonged exposure, and ways to reduce lead hazards.

Education is provided to medical professionals and community members when inquiries are made. Guidelines for testing and ongoing lead level testing recommendations for providers were distributed to several medical providers during the month of March.

During the month of July, DHHS and TRPHD coordinated a visit to conduct a lead inspection at the home of a child who had elevated blood levels. The child had elevated blood lead levels for a long period of time, and the investigation was aimed at identifying the source of lead. Lead has many adverse impacts on a child, including contributing to learning difficulties, weight loss, and developmental delay. The DHHS inspector utilized a lead testing tool to evaluate potential lead sources. The results from the lead testing of the home included elevated lead levels in painting around door frames and doors. However, the most surprising (and highest risk) of lead poisoning was identified when shifting through the child's toys. Hot weeks produced in the 1980s and 1990s were determined to have extremely elevated levels of lead. If a child were to place a hot wheel in their mouth (lead has a sweet taste), they would be exposed to lead. TRPHD and DHHS eliminated the hot wheels that had elevated levels of lead. TRPHD appreciated DHHS in including the health department in the inspection.

West Nile Virus

The West Nile Virus program tracks the spread of West Nile Virus as well as other arboviruses including; chikungunya, dengue, zika, and malaria. This program uses disease surveillance carried out through health departments statewide with support through the DHHS Epidemiology and Informatics unit, mosquito population testing and bird population testing through the Nebraska Public Health Laboratory, and education to prevent the spread of West Nile Virus.

During the month of July, the first person in the Two Rivers Public Health Jurisdiction tested positive for West Nile Virus in Dawson County. TRPHD also announced the presence of West Nile Virus in the mosquitoes tested from Phelps County. Virus activity is expected to increase during the month of August based on data from previous years.





VetSet

The Making Connections grant works to bring awareness of veterans and their families. This program uses social media to share stories of resilience and promote awareness. The goal of the program is to consider veterans in all policies.

TRPHD shares stories of resilience and awareness regularly on their Facebook page, twitter, and Instagram.

Point of Tobacco Sale

- Between 12/12/17 and 1/5/18 Cunningham and Mulligan completed 114 in store tobacco assessments within all 7 counties.
- As of February 114 tobacco surveys were completed. There are 25 businesses to complete by March 28, 2018.
- As of February 128 tobacco surveys were completed. There are 16 businesses to complete by March 28, 2018. The results of these surveys will be taken to the Nebraska legislature to be considered when creating new laws.
- Mulligan completed the remaining tobacco assessments required. All data has been turned into the state and this grant was considered complete by March 28, 2018.



Accreditation

Accreditation shows that a company is willing to go the extra mile to create an extraordinary product. This product has been reviewed by a board of peers and has been approved. TRPHD is working

toward accreditation as a health department to show that we are always striving for the best. Through this process TRPHD has grown as a health department and will keep striving to make improvements.

Eschliman, Steele, Dinslage, and Mulligan set up weekly meetings to define the process of developing/ finding documentation and compiling data for accreditation. A tentative submission date has been set for May 2018. The group will meet weekly in the meantime to continue gathering documentation for submission. Eschliman, Steele, Dinslage, and Mulligan set aside time weekly to gather documentation and compiling data for accreditation. A tentative submission date has been set for May 2018. Steele has been working very hard on the sections that she was assigned and has completed one domain to be reviewed and prepare to be submitted. Mulligan attained a PIN for the Public Health Accreditation Board website in order to begin the submission process.

The Accreditation team has been working hard to gather and review documentation in order to submit to the Public Health Accreditation Board on May 31, 2018. The team members have continued to regularly set aside time each week to gather and discuss documentation. A workforce development plan was subcontracted, the CHA is underway, and policies are being prepared for approval.

The submission date is May 31st and we are continuing to work hard to gather and prepare paperwork. We are looking toward some hard work in May and will be ready to turn in all the paperwork.

Submission for Accreditation was extended to June 14th, 2018. Staff are busily uploading documentation and as of the morning of June 5th 2018, 90% of the measures are either in progress or ready for submission.

We have submitted! Final submission was completed on June 14th, 2018. Through the process we have identified several areas that the health department can improve in, and will continue to work to-ward. The notification of documentation completeness will be 8-10 weeks from June 14th, and the process will continue from there.

REAL IMPACT

Maria Barocio is the Community Health Worker at the health department. In this role, she is out in the communities we serve every day, providing health education and resources—and serving as a resource 'hub' herself.

Maria has been active doing outreach, putting data in the Denticon System, scheduling appointments and providing interpreting services for the Life Smiles Dental Hygienist Program at 49 clinics in Lexington, 21 in Holdrege and 7 in Gibbon. She also assists with referrals to a variety of programs such as Dentists, Doctors, immunization, Wic, Head Start, food Pantry, Weatherization, Commodities, Domestic Violence shelter, Legal Aid, Health and Human Services to apply for services, and social security. We referred 39 people to Hastings Dental College for cleaning due to this people have a very low income or no income at all and have no insurance or Medicaid, and 41 children were referred to Dr. Carranza, Maria CHW helped their parents to connect them with resources like Intelliride to get transportation, and remind them of their appointments as well.

Maria CHW helped at Lexington Life Smiles Dental Program serving many families at the Life Smiles Dental Project from April 16 to 20. As well as attended a couple county fairs in our district.

FINANCIAL REPORT



	<u>Expenses</u>	
Wages	\$ 496,173	Expense Breakdown (2017-2018)
Contract Services	\$ 247,338	
Benefits	\$ 134,796	S110.864
Supplies	\$ 49,988	\$43,65 ■ Wages \$44,929 ■ Contract Services \$48,619 \$496,173 ■ Benefits
Travel	\$ 48,619	549,988 Supplies Travel Communication
Communication	\$ 44,929	S247,338
In-Kind	\$ 43,684	
Rent	\$ 29,013	
Other	\$ 110,864	



	<u>Income</u>		<u>Expenses</u>	
July (2017)	\$	91,752	\$	85,310
August	\$	105,523	\$	79,704
September	\$	112,589	\$	81,687
October	\$	37,677	\$	88,671
November	\$	109,355	\$	112,508
December	\$	56,921	\$	80,130
January (2018)	\$	62,190	\$	108,289
February	\$	93,226	\$	85,103
March	\$	70,308	\$	89,279
April	\$	102,546	\$	107,894
Мау	\$	93,348	\$	162,090
June	\$	198,931	\$	124,740

Two Rivers Public Health Department September 2018

Monthly Newsletter

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Give us a call for more infor-

Jeremy Eschliman, Director